

Customer service +46 (0)60-18 75 85

www.kapan.se

Send this form together with the account notification form to:

Kåpan Tjänstepension, SE-851 90 Sundsvall, Sweden

or by e-mail to kundservice@kapan.se

You need to register your account to receive your money

If you have a Swedish bank ID, you can log in to kapan.se/mina-sidor where you can both apply for your pension and register your account. If you do not have a Swedish bank ID, you need to register your account with a form that you can find at kapan.se/account.

We need your forms no later than two months before you want your payment. If you apply online, you can receive your pension next month.

1. Personal information

Name	Swedish personal ID, Date of birth / (YYYY MM DD – NNNN)
Street address 1	Street address 2
Post code and city	Country
E-mail	Telephone number

2. Fill in how you want to withdraw your pension from Kåpan

a) Apply for your Kåpan Tjänste and Kåpan Extra according to the pension agreement PA 16

Your pension is paid out for life unless you choose a limited period.

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of: <input type="checkbox"/> as a lump sum*

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of: <input type="checkbox"/> as a lump sum*

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of: <input type="checkbox"/> as a lump sum*

* You can only take out the pension as a lump sum if the value of the insurance is lower than a price base amount.

b) Apply for your Kåpan Flex according to the pension agreement PA 16

Your pension is paid out for life unless you choose a limited period.

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (1-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of: <input type="checkbox"/> as a lump sum*

* You can only take out the pension as a lump sum if the guaranteed value of the insurance is lower than a price base amount.

c) Apply for your Kåpan Valbar and Kåpan Aktieval according to the pension agreement PA 16

Your pension is paid out for life unless you choose a limited period.

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (10-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of:
	<input type="checkbox"/> as a lump sum*

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (10-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of:
	<input type="checkbox"/> as a lump sum*

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (10-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of:
	<input type="checkbox"/> as a lump sum*

* You can only take out the pension as a lump sum if the guaranteed value of the insurance is lower than a price base amount.

d) Apply for your Kåpan Tjänste and Kåpan Extra according to the pension agreements PA-91, PAF or ITP-P and Kåpan Plus (private pension)

Your pension is paid out for life unless you choose a limited period.

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of
	<input type="checkbox"/> as a lump sum* <input type="checkbox"/> to 65 years (for at least 3 years**)

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of
	<input type="checkbox"/> as a lump sum* <input type="checkbox"/> to 65 years (for at least 3 years**)

Insurance number	year, month
Start my payment from:	
I want the insurance to be paid out:	years (5-20 years)
<input type="checkbox"/> for life	<input type="checkbox"/> for a limited period of
	<input type="checkbox"/> as a lump sum* <input type="checkbox"/> to 65 years (for at least 3 years**)

* You can only take out the pension as a lump sum if the value of the insurance is lower than a price base amount.

** Payment period needs to be at least 3 years. This means that you, at the latest, need to start payment of your pension from the month you turn 62 years.

3. Signature

Date	Signature
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Kåpan Tjänstepension is the controller of the personal data processing within our association. Read more at www.kapan.se/personal-data